



SISTERS COUNTRY
TRAIL GUIDE



METOLIUS RIVER TRAIL

Length: 0-10 Miles or 6.5 mile loop
Elevation High: 2900
Elevation Low: 2800
Difficulty: Easy
Setting: River/Forest
Season: All

COMMENTS:

Restroom facilities and water are available at Wizard Falls Fish Hatchery. The trail leaves the river near some private property downstream from the fish hatchery. Please respect the property owner's privacy and stay outside the fencelines.

DESCRIPTION:

Hiking trails run both north (downstream) or south (upstream) along the Metolius from Wizard Falls Fish Hatchery. Any distance from 0-10 miles may be hiked by following the same trail out and back. A hike upstream along the west bank leads to the confluence of Canyon Creek (2.5 miles). The beautiful springs that flows into the Metolius just downstream of Lower Canyon Creek Campground is a spectacular sight.

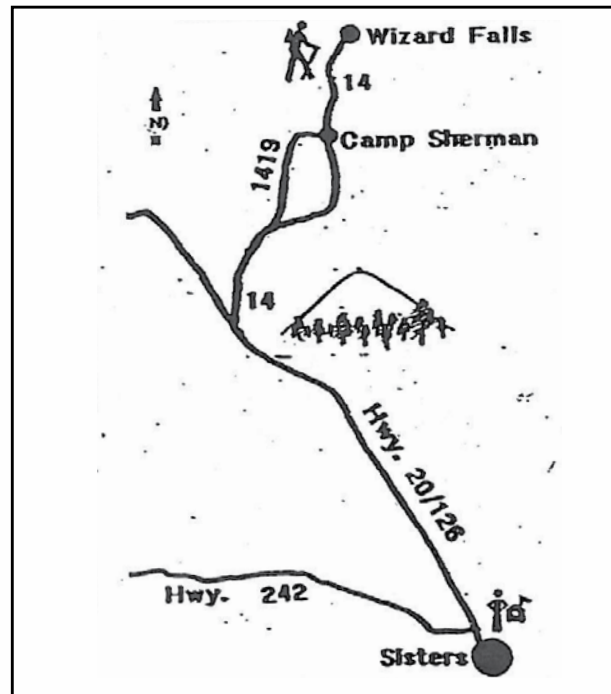
From the Hatchery a 6.5 mile loop can be accomplished by hiking downstream to Lower Bridge, crossing the river, and returning on the opposite bank. This loop offers a combination of riverside and forest settings. Osprey nests and beaver dam may be seen along the way.

SPECIAL INTERESTS:

The first users of forest trails along the river were Indians. It was they who gave the river its name - Metolius. Some say the name means "white fish", others say it means "stinking water" or "spawning Salmon". In any case, the name of the river makes reference to its outstanding fishery. Salmon from the Pacific Ocean spawned in the Metolius and its tributaries before dams obstructed their path. The river is now host to rainbow, brook, brown, and bull trout; whitefish and kokanee.

DIRECTIONS & TRAIL ACCESS:

Proceed west from Sisters on Hwy 20 for 10 miles and turn right at the sign for Camp Sherman (Road 14) . Proceed on Road 14 for 7 miles past the "Head of the Metolius". Wizard Falls Fish Hatchery will be a left turn off of Road 14.



The
SISTERS
Country

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